

# BREAKFAST MENU

*Below menu items are served with a pot of fresh brewed coffee or tea and a glass of juice*

## SPECIALS

BREAKFAST WRAP 14  
Tortilla | scrambled egg | chorizo | crispy lettuce | cheddar cheese | tomato

SMOKED SALMON 19  
Bagel | smoked salmon | cream cheese | capers boiled egg | crispy lettuce | tomato | onion

ARUBAN BREAKFAST 19  
2 eggs any style | bacon and turkey link sausage pastechi | almond cheese praline

SPINACH BENEDICT 17  
Sautéed spinach | ham | poached egg | English muffin hollandaise sauce

## OMELETS & EGGS

HEALTHY WEALTHY ♥ 14  
3 egg whites | spinach | mushroom | tomato | herbs

TWO EGGS ANY STYLE 12  
Sunny-side-up or scrambled | breakfast potato

ASPARAGUS OMELET WITH GOAT CHEESE ♥ 16  
Egg white | scallion | fresh asparagus | goat cheese

WESTERN OMELET 14  
2 eggs | onions | ham | bell-pepper | mushroom tomato

*Specials and Omelet & Egg items served with a choice of fresh bread, toast or croissant.*

## VEGAN DELIGHTS

AVOCADO TOAST ♥ 11  
Fresh sliced avocado | toasted wheat bread topped with sautéed herb mushroom

COCONUT FRENCH TOAST 13  
Coconut flaked toast | sliced fruits | pineapple salsa

OATMEAL ♥ 10  
Topped with homemade granola | agave syrup and sliced almonds

HOMEMADE CHIA PUDDING ♥ 10  
Coconut milk | organic chia seeds | agave syrup fresh berries | homemade granola | cinnamon

HOMEMADE GRANOLA, CORNFLAKES OR MUESLI 10  
Served with almond milk and fresh berries of the day

## SWEETS & FRUITS

CARIBBEAN FRUIT PLATTER ♥ 11  
Selection of fresh seasonal fruits such as: Pineapple | melon | watermelon | orange | grapes | plain yogurt

BANANA CHOCOLATE WAFFLE 12  
Fresh sliced banana | chocolate drops | berries cinnamon powder sugar | whipped cream



## FRUIT & VEGETABLE SMOOTHIES 7.50

POPEYE *A kick-start of your day*  
Banana | Cranberry | Strawberry | Spinach  
[Vitamin A, B6, C, calcium, magnesium]

ISLAND DETOX *Glow up!*  
Pineapple | Spinach | Lime juice  
[Vitamin A, B, C, copper, magnesium, iron]

THE GREEN SMOOTHIE *Give me energy!*  
Apple | Pineapple | Celery | Kale | Cucumber | Lemon | Ginger  
[Magnesium, strengthens immune system, calcium, vit. K]

BERRY - VOCADO *Bye cholesterol, Hi Metabolism!*  
Vita Coco Water | Avocado | Orange | Berries  
[Vitamin B6, C, E, glutathione]

ELECTROLYTES *Detoxify your body!*  
Banana | Mango | Strawberry | Yoghurt | Honey | Coconut water  
[Vitamin A, B5, 6, iron, zinc, copper, potassium, calcium]

IMMUNE BOOSTER *Boost Boost Boost*  
Orange | Pineapple | Ginger | Kiwi  
[Vitamin A, B, C, foliate, magnesium, copper, thiamin]

CARIBBEAN BEATS *Detoxify your body!*  
Guava | Beet | Berries | Coconut milk  
[Improves immune system and digestion]

RAINBOW BERRIES *Retrieve your golden dreams*  
Blueberry | Strawberry | Banana | Green Tea | Orange  
[Vitamin A, B, C, E, copper, zinc, iron]

DIANA'S SPECIAL *Stay hydrated and keep glowing*  
Aruba Aloe | Pineapple | Cucumber | Mint leaves | Lime | Coconut water  
[anti-inflammatory, rehydration, high in enzymes, fiber]

TROPICAL TWIST *Give your day a fiber twist*  
Pineapple | Papaya | Mango | Banana | Honey  
[Vitamin A, B, A, potassium, copper, fiber, zinc]

## ADD TO THE MIX

Chia Seeds | Flax Seeds | Ginger | Honey

♥ LOW CALORIE | LOW FAT | LOW CHOLESTEROL

**All dishes are prepared with olive oil or vegetable oil**

Please let your waiter know if you have any allergies and/or dietary restrictions.

Please be aware that our dishes are prepared in a kitchen where allergens are present throughout, therefore, we cannot guarantee that any dishes or drinks will be free from trace ingredients.

Our prices are in US Dollars and 6% government taxes is included | 15% service charge will be added to your bill. The service charge is distributed amongst the staff on a point basis & becomes part of the server's monthly salary.

**Additional gratuities are always appreciated!**